



## **Unconscious Blocking Beliefs...we all have them.**

Question is...how do we even identify them, let alone release them? And, most importantly, how do we prevent the unconscious Blocking Beliefs from creating perpetuating loops of self-sabotaging behavioral patterns?

First, let me assure you that it is possible to identify and clear our unconscious Blocking Beliefs with the proper knowledge and tools. To do so requires two basic decisions; first to embrace the Collective Consciousness/Greater Self as your actual identity, not the human story. Second, to own and be accountable for your feelings, knowing that this is what creates what we experience in our day-to-day human lives.

### **Vocabulary For A New Self-Identity Context**

#### **The Avatar**

An avatar, in both board and digital role-playing games, is created to represent the player. The player decides every aspect of their avatar's being...physical, mental, and emotional attributes...everything. Think of it this way, your true being...the Collective Consciousness, individuated itself to create/program the physical you. We are an avatar of the Collective Consciousness, fabricated from infinite spinning waves of Electro-Magnetic energy. What better way for the Collective Consciousness to directly explore itself than through the expansive array of emotions possible within the 3rd and 4th dimensions?

The physical and emotional energetic bodies correlate to the 3rd and 4th dimensional bodies. The 4th dimensional body is also known as the auric or bio-energetic body. It primarily comprised of Counter-Clockwise/Expansion spin energy and therefore is for most usually invisible to the "physical eye." . In contrast, the 3rd dimensional body contains Clockwise/Contraction spinning energy in the amount necessary to create matter and maintain its shape and form. The 4th dimensional body first and foremost functions as the energetic information interface between the 3rd dimension body and Quantum Consciousness. It contains the energetic program with all the mortal identifiers...everything that a person believes determines who they are as a physical being. These two energetic bodies are closely interwoven, and together create the physical persona. The 3rd/4th dimensional bodies are the avatar.

#### **Avatar Release Life versus Avatar Research Life**

Catalytic contrast is a necessary component for exploring the difference between Love and Fear. To create contrast, avatars are divided into two arenas of exploration; either the avatar is created for pure research and is what I refer to as a Research Life, or the avatar is created to release its accumulated self-exploration and is a Release Life.

A Research Life avatar is not designed to experience identity awareness beyond its Blocking Matrix programmed story; whereas, a Release Life avatar is programmed to reawaken and seek an understanding of its greater identity.

#### **The Avatar Story or Research Program**

Our avatar or human perspective identifies with her or his human experience as the definition of who they are. However, our avatar/human experiences are determined by the Universal Blocking Matrix Individual Research Program.

### Research Program Components:

- **Time and Place of Birth**
- **Name**
- **Locale**
- **Culture**
- **Family Dynamics**
- **Generation**
- **Society**

### The Universal Blocking Matrix

**Definition:** An energy field, created by Quantum Consciousness, that utilizes fear-based Clockwise/Contraction spin frequencies to generate and perpetuate the block/wall/veil between the 3rd and 4th dimension avatar awareness and that of the Quantum Consciousness. Think of it as similar to that of a computer program designed to guide and support self-realization research simultaneously on multiple 3rd dimension/physical levels; Individual, Group, Global and Universal.

Its primary function is to only allow fear-based **Clockwise/Contraction** feelings be directly felt inside the avatar's body. The contraction is then perceived as if it originates within the avatar indicating its lack of value. The avatar personalizes/owns the "feeling bad" experiencing it as a confirmation of its "unworthy/self-rejection."

All **Counter-Clockwise/Expansion/All Is Well** feeling frequencies are completely filtered/blocked out preventing the avatar's internal direct "feeling good" experience. In addition to being blocked, the **Counter-Clockwise/Expansion/All Is Well** feeling frequencies are redirected by the Blocking Matrix filter to only be experienced by the avatar as originating exclusively from an external source; be it nature, a loved one, or material object. This is why we, from within our avatar/human consciousness, struggle so to feel "good/worthy" and are incessantly seeking recognition/confirmation/acknowledgement externally for "proof" of value.

The Blocking Matrix Filter Mechanism is what makes it infallibly effective in creating the Illusion of Separation between human consciousness and Quantum Consciousness.

#### Its Purpose:

- **To function as an energetic “flow control” between Collective Consciousness/Greater Self and the avatar consciousness.**
- **To energetically interface with the 4th dimensional body, which then projects the avatar’s research program/persona into the 3rd dimensional body.**
- **To act as a two-way buffer zone between the avatar and Collective Consciousness/Greater Self.**
- **To create an arena for Joy versus Fear contrast exploration.**

The Individual Blocking Matrix Program is the source of an avatar's perceived human identity formed from the unconscious fearful Clockwise/Contraction Blocking Beliefs it contains and is housed in the 4th dimension body.

## **The Blocking Matrix versus the Ego**

The *Ego* is defined within Psychoanalysis as the part of the mind that mediates between the conscious and the unconscious and is responsible for reality testing and a sense of personal identity. The *Id* is defined as the part of the mind in which innate instinctive impulses and primary processes are manifest. Lastly, the *Superego* is defined as the part of a person's mind that acts as a self-critical conscience, reflecting social standards learned from parents and teachers.

All of the above functions are performed by the avatar's individual Universal Blocking Matrix program, and are not separate, but are specific mechanisms within the Matrix.

For instance, the *Ego* uses the feeling experience for reality testing and a sense of personal identity. If something feels good, then it is embraced. If it feels bad, then it is shunned. In the 3rd dimension our avatar's individual "truth", personal identity, and perspective is solely based on its feeling experience, whether conscious or unconscious.

### **Reversed Perception of Identity**

What if we were actually not on the "Outside" and "Separate" feeling victimized, while desperately trying to get back "In" and "Connected", but instead were already "In" and "Whole", merely using the physical world as a means for self-discovery, exploration and self-realization through the contrast between joy and fear?

This perception accurately addresses the quantum energetic source of our being. Remember, our 3rd dimension body presents an illusion of solidness, when in truth it is formed from Electro-Magnetic Energy in a combination of Counter-Clockwise and Clockwise spin to create its dense appearance.

Embracing the truth of our identity as already being Quantum Consciousness, merely having a human experience, is a key element for clearing the unconscious Blocking Beliefs. Because our avatar/human consciousness is programmed by the Universal Blocking Matrix via its Primary Filter/Redirect Mechanism to perceive the Blocking Beliefs as its identity, shifting/reversing the identity perception, intentionally overriding the Filter Mechanism and knowing in advance what replaces the Blocking Beliefs allows for their release.

### **Impersonal Observation**

A key tool for **All Is Well-Aligned Conscious Creation** is the practice of Impersonal Observation.

Impersonal Observation allows us to recognize when we Create from fear, to identify what the unconsciously held Blocking Belief is and then to process it for release...without energetically realigning with the Clockwise/Contraction fear-based Blocking Belief frequency.