

Junk DNA: Our Interdimensional Doorway to Transformation

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Something that is not particularly widely known about the mind-body connection today is that, since the early 1940s, a genuine microbiological framework for understanding the power of suggestion, intention and belief has been developing. In this short essay based on research from my forthcoming book series *The Grand Illusion: A Synthesis of Science and Spirituality* (Vol's 1 & 2), we will look at some of this work as it relates to previously unexplainable “spontaneous” alterations to the genomes of living people—and the physiological and psychospiritual transformations that often accompany them.

If We Don't Understand It, Then It's “Junk”

As most *HereNow* readers would know, the vast majority of our DNA “text” is not used in the coding of proteins and enzymes—it is non-coding—and scientists generally don't have any idea what its purpose is. Thus, in their infinite wisdom, they initially dubbed it “junk DNA”. How much of our DNA is junk? About 95–98 per cent—rather a lot of waste for Nature to hang onto, I think you will agree (some scientific estimates go as high as 99 per cent). Since it is not responsible for constructing our basic physical form, its purpose has remained mysterious to conventional mindsets until very recently. We now know that a large portion of that “junk” DNA is made up of mobile genetic elements (transposons and retrotransposons) or “jumping DNA”, which can rewrite and activate—or deactivate—certain genetic codes. Jumping DNA reportedly makes up as much as half of the total DNA nucleotides.ⁱ

Another major portion of the non-protein-coding regions of the genome is comprised of variable-number, tandemly repeating sequences known as “satellite DNA”. Microbiologist William Brown believes that through specific conformational arrangements, satellite DNA interfaces with the so-called “morphic field”; various conformations have specific resonances with the morphic field and can therefore tune into different information programs. Since satellite DNA is very specific to each person, each of us tunes into a distinct and unique morphogenetic pattern.ⁱⁱ

It seems likely that both jumping DNA and satellite DNA interface with the morphic field, thus responding to alterations in one's state of consciousness. Satellite DNA's ability to expand the number of repeating sequences means an increase in the information-carrying capacity of DNA. As a fractal antenna, DNA interacts with the vacuum/aether (terms which are synonymous in this context with zero-point field/implicate order/time-space), transducing the zero-point energy which interacts with our consciousness. A greater interaction between our DNA and the torsion and/or scalar forces in the vacuum might equate to expanded consciousness, while a lesser interactivity would result in a contracted awareness. Thus, “certain modular arrangements of DNA would be more conducive to conscious awareness.”ⁱⁱⁱ

In the 1990s, a team of Russian linguists led by Dr Peter Gariaev discovered that the genetic code in “junk” DNA follows uniform grammar and usage rules virtually identical to those of human language. It turns out that the “junk” was laden with the intimations of intelligence, purpose and meaning (a perspective forbidden by fundamentalist Darwinism). This ground-breaking research followed Jeff Delrow's discovery in 1990 that the four nucleotides (A, T, G and C) of DNA inherently form fractal structures closely related to human speech patterns.^{iv} Within non-coding DNA segments, scientists have found large numbers of “endlessly repeated sequences with no apparent meaning, and even palindromes, which are words or sentences which can be read in either direction.”^v

Thus, human language seems to have emerged from the grammatical and syntactical structures within our very own DNA—the massive “junk” portion, no less!—hence why there is no substance to the notion that there was some kind of linear progression from the primitive form of pre-linguistic communication in the animal kingdom to human language. It was a quantum leap right out of the aether/vacuum/implicate order.^{vi}

The Gariaev group’s pioneering DNA research accounts for the power of hypnosis (and potentially most other psi phenomena, or “hypercommunication”). One of the basic assumptions made by the Gariaev team is that “the genome has a capacity for quasi-consciousness so that DNA ‘words’ produce and help in the recognition of semantically meaningful phrases.”^{vii} Because the structures of DNA base pairs and of language are so similar, we can alter our own genetics by simply using words and sentences, as has been experimentally proven. Live DNA “will always react to language-modulated laser rays and even to radio waves, if the proper frequencies are being used. This finally and scientifically explains why affirmations, autogenous training, hypnosis and the like can have such strong effects of humans and their bodies.”^{viii}

One of the more famous cases of hypnotically induced genetic alteration was documented c. 1951 at the Queen Victoria Hospital in West Sussex, England. It involved the cure of Brocq’s disease in a teenage boy. His skin was dry, hardened and reptile-like, and it cracked and bled easily. Using hypnotic suggestion, anaesthetist and hypnotist Dr Albert A. Mason remedied the condition in a matter of weeks—a miracle at the time, since Brocq’s disease is a genetic condition, so eliciting a cure meant that Mason had effectively reprogrammed the boy’s genes (which scientists of the time “knew” was impossible). The boy’s hardened skin fell away, exposing soft, healthy flesh which remained so thereafter. Today we know that by using correct light and sound frequencies—as well as words—we can activate some of our mobile DNA to “re-code” certain portions of the genome, thus effecting a physical transformation at the most fundamental biological level.

DNA, Wormholes and Torsion Fields

During 1984–85, Gariaev made a startling discovery. He found that an in vitro DNA sample in a test tube had the ability to attract and harness coherent laser light, causing it to spiral along the DNA helix. This alone was an unexpected (and paradigm-shifting) discovery, but it wasn’t all. After the DNA sample and all the apparatus were removed, the photons continued to spiral as if the DNA was still there. This was dubbed the “DNA phantom effect”, and it signified that some “new” scalar/torsion field structure had been excited from the vacuum/aether and was entraining the light even in the absence of the DNA!

This effect has been observed to last for up to a month, showing that this new field structure possesses remarkable persistence and stability. Even after blowing the phantom away with gaseous nitrogen, it returns within 5–8 minutes (torsion fields are known to be stable and persistent). Gariaev et al. also remark that “sound waves radiated by the DNA molecules were registered in these experiments”, showing that DNA not only absorbs and emits light (as is well established) but radio frequencies and phonons as well.^{ix}

Our DNA harnesses both sound and light in its moment-by-moment operations, but, more than this, it “punches holes” in space-time, opening a window to time-space/the time domain. To put it another way, our DNA creates “magnetised wormholes” in the fabric of space—“tunnel connections between entirely different areas in the universe through which information can be transmitted outside of space and time. The DNA attracts these bits of information and passes them on to our consciousness.”^x Most of us know this process as intuition or psychic insight. Ordinary human memory would also operate on similar principles, since available evidence indicates that our memories are stored not in our brains

but in aetheric/implicate/time-space field structures which envelop our bodies (a.k.a., the “auric fields”).^{xi}

Various researchers have theorised that the energy occupying time-space/aether which is responsible for these phenomena is twisting/spiralling torsion energy. The “magnetised wormholes” mentioned above could also be described as “torsion fields” or “vortices”. A torsion field is a self-sustaining vortex in the aether/time-space which is innately non-electromagnetic—though it can produce EM effects such as light. By spinning, a vortex can excite photons or virtual photons out of the fabric of space/aether—and static torsion/scalar fields can harness and store light within them (as we see with the DNA phantom effect).^{xii}

Sol Luckman, developer of the sound-based Regenetics healing and transformation method, considers qi/prana/orgone to be the light-based effect of torsion fields. In *Conscious Healing*, he describes torsion energy as “universal creative consciousness or subspace energy (Aether) experiencing itself in time... Torsion Energy in the form of a ‘life-wave’... interfacing with and modifying Potential DNA’s Transposons is the driving force behind the evolution of human consciousness and physiology.”^{xiii}

The first research generally credited with the discovery of this “fifth force”—torsion—is that that done in the late 1800s by Russian professor N. P. Myshkin.^{xiv} Einstein’s colleague Dr Elie Cartan first coined the term “torsion” in 1913 in reference to this force’s twisting movement through the fabric of space-time—but his important work was virtually buried by the rampant success and notoriety of Einstein’s theories. In the 1950s—the same decade in which Dr James Watson and Francis Crick discovered the helical structure of DNA—pioneering Russian scientist Dr Nikolai A. Kozyrev (1908–1983) conclusively proved the existence of this energy demonstrating that, like time (and not dissimilarly to DNA), it flows in a sacred geometric spiral,^{xv} as I detail in *The Grand Illusion Vol. 1* (TGI 1). Russian scientists are reported to have written thousands of papers on the subject in the 1990s alone, and, more recently, award-winning physicist Nassim Hamein, along with his colleague Dr Elizabeth A. Rauscher, has re-worked Einstein’s field equations with the inclusion of torque and coriolis effects.

Torsion Fields, Mental Intention, and Healing

If your “soul” is in fact a torsion field or vortex in the fabric of space (or a structure of multiple nested vortices, as described by seers and occultists), then your consciousness, by definition, must survive the demise of your physical body: it existed in the aether/vacuum/time-space/implicate order/zero point field before you ever obtained a body. This is exactly the perspective shared by physicist Fred Alan Wolf, who refers to the vacuum of space as “the home of the soul,” from which the material world was actually born.^{xvi}

Interestingly, the work of scientists Gennady Shipov and Burkhard Heim “established that torsion generators allow us not only to replicate all ‘phenomena’ demonstrated by so-called ‘psychics,’ but they were also able to demonstrate effects that were never demonstrated by any ‘psychic.’”^{xvii} This “transcendent force” that is intrinsically unrestricted by the bounds of our space-time (and which, in the form of torsion/scalar waves, effectively operates billions of times beyond the speed of light) can account for the well documented remote healing phenomenon demonstrated in many studies, as well as more localized, short-range psychokinetic effects. (For a much more comprehensive exposition on such mind-matter interactions, see TGI 1.)

Cell biologist Dr Glen Rein discovered experimentally that anger, fear and similar emotions have the power to contract a DNA molecule, compressing it. On the other hand, emotions such as joy, gratitude and love unwind or decompress DNA exposed to them. This effect could be created on samples up to half a mile away from the “sender” of the emotion.^{xviii} Years earlier in Russia, remote-influence experiments with human targets

presaged Rein's results and proved that remote human intention could be used to affect physiological and conscious processes in a distant human target, as well as to send telepathic messages.^{xix}

Pertinently, in another series of Rein's experiments, those with coherent electrocardiograms could wind or unwind DNA samples (not extracted from their own bodies) at will, while those with incoherent heart energy could not. Furthermore, in these experiments, simply *feeling* love-based emotions was not enough to affect the DNA samples: *the intent to alter them had to be present*. The effect was achieved up to half a mile away in an experiment using Lew Childre. Another experiment using Russian healer Valerie Sadyrin replicated the effect with Sadyrin stationed thousands of miles away in Russia (Rein's experimental setup being in California),^{xx} thus indicating that, although coherent EM heart energy does act locally within the body, it also has a non-EM (torsion/scalar) component that acts nonlocally, entangling healers with their "healees" (via time-space/aether/implicate order). Ipso facto, DNA is a "torsion antenna," a biological "bridge" between our space-time and time-space/aether.

Thus, Rein's research links torsion to life-affirming emotions—in particular unconditional love, which propels both our individual and collective evolution. "Only the love-based emotions stimulate DNA to decompress so that messenger RNA can access codes for healing". Negative emotional states compress the DNA helix, "severely limiting access to genetic information necessary for healing as well as evolution".^{xxi}

Sounds Like DNA Activation

We have recently entered into what Larry Dossey, MD, has dubbed "Era III" medicine. Era III medicine is concerned with the primacy of bioenergetic consciousness in the sound domain (time-space/aether/implicate order) in healing and transformation, whereas "Era II" epigenetics primarily restricted to the light domain of our space-time, and "Era I" was myopically based solely on physico-chemical considerations—a boon for Big Pharma.^{xxii} Era III acknowledges that since consciousness is fundamentally nonlocal, not only can your thoughts influence your own physiology, but someone else's as well, regardless of distance—as per the aforementioned early Russian remote-influence experiments and Rein's more recent work.^{xxiii}

As the Gariaev group has shown, sound and light can be utilised to rewrite the genetic code. The group even went so far as to be able to turn frog embryos into salamander embryos by electronically recording one species' DNA informational patterns and then re-transmitting them to the other species. The resulting salamanders could even mate and produce baby salamanders.^{xxiv}

Specific sound frequencies: herein lies the power of Luckman's DNA activation method. Some of you may be aware that our mathematically structured DNA is "tuned" to the ancient Solfeggio scale; it is resonant with it. According to mathematicians Marko Rodin and Victor Showell, this scale constructs the entire universe. Len Horowitz, DMD, comments that the "creationistic dynamics of matter have their source in pure acoustic spirit",^{xxv} which is vividly demonstrated (analogically) by the work of the late Dr Hans Jenny. By vibrating a mass of solid particles on a metal plate at certain frequencies, Jenny caused those particles to arrange spontaneously into specific geometric forms. Alternatively, the vibration of these loose particles suspended in a fluid could be seen to create nested geometric figures—the Platonic solids, in point of fact.^{xxvi} Hence Horowitz's point about matter being created by "sonic" frequencies in the "spiritual" domain. Because the ground of reality is fundamentally holographic, it assembles the manifest universe fractally in a self-referencing manner in which geometric forms—such as the Platonic solids—can be nested within one another.

By simply utilising the correct vowel chanting technique—the most important ingredient—and a 528 Hertz Solfeggio tuning fork (as detailed in Luckman’s recent book *Potentiate Your DNA*), some of your mobile genetic elements can be activated to harness greater amounts of torsion energy in time-space/aether. (With the Regenetics method, the activation of potential DNA occurs incrementally as one goes through the different stages of Potentiation, Articulation, Elucidation and Transcension.) Potentiation—the first phase of the Regenetics technique—specifically employs the “mi” note of 528 Hz, which has been used by molecular biologists to repair genetic defects^{xxvii} and is also known simply as “Love Hertz”. The result of this total process (the Regenetics Method)—which unfolds over a minimum of 27 months—is a gentle and progressive kundalini awakening and healing of the physical, mental, emotional, and spiritual bodies/layers of the psyche (see figure 1). Allergies disappear, old injuries repair, serious diseases vanish, the body detoxifies, emotional baggage is purged, and a sense of peace and well-being develop. Some people can even begin to sense their fundamental interconnectedness with creation, a development that reaches its fullest fruition with the completion of the final stage, after the prefrontal lobes have been awakened through Elucidation.^{xxviii}

For my part, immediately following my own Potentiation,^{xxix} I noticed my damaged rotator cuffs felt subtly different. Within a few weeks, they had improved very significantly. Seven months later, I experienced virtually no pain in them and could comfortably lie on my side to sleep at night—something I had not been able to do for about 12 years previously, no matter how positive I tried to be or how determined I was to heal them myself. Before doing my own Potentiation, even swinging my arms back and forth across my chest caused sharp, stabbing pains in my shoulders—but no more. After several months I also experienced a spontaneous detox process (primarily through my sinuses), and my food allergies show signs of eventually disappearing.

With the DNA acting like a tuning fork and resonating with the vowel chant and 528 Hz Solfeggio frequency, the “errors” in the sonic torsion field blueprints (in time-space) for our biology are corrected. At the biological level, the jumping DNA shift to “rewrite” the gene code for the better, as previously dormant codons are switched on—while others may be switched off—in order to improve healing mechanisms and so on. Consciousness researcher Stephen Linsteadt has reported that, at this 528 Hz frequency, “the clustered water molecules that surround and support the DNA structure form a perfect six-sided hexagon”^{xxx}—meaning that you are apparently generating your own internal cymatic effect as you perform your own Potentiation!

“In theory,” writes Horowitz, “phase-locking your body to [the] 528 Hz frequency sends the most powerful healing energy in the universe to your DNA’s amino acid sequence, which vibrates in a glycoprotein matrix of structured water, depends heavily on the 528 Hz frequency not just for its physical structure but also for its bioelectrical and bioacoustic functions.”^{xxxi}

A New Kind of Human?

Microbiologist Dr Colm Kelleher has studied “junk” DNA for years. He states that transposons are known to be engines of evolution, explaining that the most plausible mechanism for initiating a rapid, large-scale change in physical structure—even the emergence of a new species—is a “simultaneous transposition burst”. He speculates that similar mechanisms might also be involved in a kundalini experience.^{xxxii}

Kundalini—a real physical energy, as I show in TGI 1— has always been held in high esteem by mystics and seers because of its ability to awaken higher consciousness and vivify and restore the physical body. It upgrades the bioenergy system. The principal function of kundalini in occult development is reputedly to pass through the etheric chakras and vivify

them so that they bring astral experiences through into the physical consciousness.^{xxxiii} An enhancement of the chakras at the etheric level will naturally have positive physical side-effects, as the etheric body is an energetic duplicate of the physical and in fact is considered to be of the “physical” density in its own right (unlike the astral/mental/spiritual energies).

Retired theoretical physicist Dr Amit Goswami states in *Physics of the Soul* that the raising of the kundalini seems to unleash the dormant capacities of consciousness for making new representations of the vital (etheric) body onto the physical body. “There is evidence. People in whom kundalini has risen and been properly integrated undergo extraordinary bodily changes (for example, the development of nodules on the body that [form] the figure of a serpent).”^{xxxiv} Kundalini experiencers also often describe an incredible white light enveloping their consciousness—as the plasma-like kundalini rises up the spine and explodes into the head and the crown chakra. The result in the moment is often a state of expansive bliss.

One salient point to any researcher of these topics has to be that there are similar elements in the aftermath of DNA and kundalini activation as compared to the near-death experience (NDE). Aside from biophysical alterations (an effect shared by all groups), many near-death experiencers (NDEers) have reported that they experience a deeper sense of connectedness with all things, higher levels of empathy, decreased competitiveness and egotism, elimination of the fear of death, and a greater sense of peace and contentment. The spontaneous resolution or disappearance of serious diseases and allergies falls under the category of biophysical transformation, which is correlated with kundalini awakening as well as DNA activation. NDEer Mellen-Thomas Benedict, for example, had an inoperable brain tumour prior to his 90-minute NDE. Post-NDE, his cancer was simply gone: it had vanished.^{xxxv}

NDEers also find quite often that their psychic faculties are put into overdrive post-NDE—whether they like it or not! In *Transformed by the Light*, Dr Cherie Sutherland offers the case studies of 50 Australian NDEers, at least one of whom reported that post-NDE they had become so telepathic that they were picking up on the internal monologues of people around them—totally unintentionally.^{xxxvi}

Dr Kenneth Ring actually hypothesised in the 1990s that NDEers do undergo a kundalini awakening, and he marshalled some impressive evidence in support of the notion in *The Omega Project*.^{xxxvii} We might speculate whether the NDE can also spontaneously precipitate the sealing of the “fragmentary body” (the energy defect in the second chakra) by revealing to people their true nature as immortal “spirit” or infinite consciousness and an integral part of the cosmos, thus remedying their “separation consciousness”—as well as other personal issues around self-loathing, guilt, and so forth. Certainly, the experience of contacting a force of cosmic love, compassion and total, unconditional acceptance is powerfully healing for many NDEers. Perhaps not surprisingly, many find that they spontaneously develop powerful healing faculties—even to the extent that they give up their careers to become energy healers!

This suggests the activation of previously dormant sections of DNA (codons) involved in the transmission and mediation of electromagnetic energy and torsion forces. In 1996, Kelleher cloned a stretch of human DNA from activated human T-cells and found it to consist of a tandem array of transposon sequences “arranged like beads on a string”. It was the perfect structure that he had envisioned for accomplishing “a large-scale speciation-type change.” Kelleher predicts that people who have undergone NDEs or have meditated for long periods “should have a higher transcriptional level of this transposon cassette.”^{xxxviii}

Available NDE case studies seem to support his contention. Many NDEers appear to represent a new kind of human being: one not just infinitely more metaphysically aware than the “average” person but one who is also more “switched on”, genetically and psychically

speaking. Overall, NDEers seem to show an unusually high level of intuitive activation, not unlike kundalini-awakened individuals.

Speculative Conclusions and Visions for the Future

In 2003, the Encyclopedia of DNA Elements (“Encode”) genome research project was launched. Pooling the resources of over 400 scientists over thirty-two laboratories throughout the UK, US, Spain, Singapore, and Japan, it is the largest research project into the human genome yet conducted. In early September 2012, scientists from the Encode project confirmed, after having analyzed all 3 billion pairs of genetic code comprising our DNA, that far more of it is biologically active than had been widely believed: 80% is in fact performing a specific function, confirming that most non-protein-coding “junk” DNA isn’t junk at all.

Perhaps more importantly in the context of the foregoing discussion, these scientists have also identified 4 million “switch genes”, which are sections of DNA that control when genes are switched on or off in cells. These can even be a long way from the actual gene they control (if you’re talking about an uncoiled DNA strand). Many switches are linked to changes in risk levels for various diseases and disorders,^{xxxix} and we have the field of epigenetics to thank for proving that local environmental triggers (including stress) are ultimately more important in determining the activation or silencing of certain genes—and therefore our biological health—than inherent genetic defects (which account only for about 5% of all diseases).

It is only natural to conclude that mobile DNA elements/transposons—comprising as much as half of our roughly 98% “junk” DNA—are involved in mediating the functions of at least some of these 4 million “switch genes”. In addition, mobile DNA (and satellite DNA too, if Brown is correct) appear to interface with our consciousness in the aether/time-space/implicate order. This means that Era III metagenetic modalities such as the sound-based Regenetics Method—where the facilitator can be located thousands of miles from the treatment recipient—can be effective in influencing genetic expression regardless of healer-healee proximity. In the time-space domain consciousness occupies, distance is meaningless.

Thanks to the innovative work of researchers in fields as diverse as shamanism, epigenetics, thanatology, psychiatry, molecular biology, hypnosis, kinesiology, occultism and more, we may have identified four major ways to activate our latent jumping DNA to effect dramatic personal transformation and even conscious evolution: hypnosis, DNA activation with vowel chants and Solfeggio frequencies, kundalini awakening, and NDEs (the latter three all apparently involve kundalini activation to varying degrees, and reach deeper into the multiple levels of one’s being). This is to say nothing of the astrophysical processes which can influence planetary microbiology, and over which we as individuals seemingly have little control—a tangent we lack space for here.

Thus, with the extinction of bottom-up Darwinian “DNA primacy,” we can and must relinquish the moribund notion that our genetic inheritance is a done deal which we can no more change than the Earth’s orbital pathway around the Sun. The various lines of research discussed herein reveal that in using vowels and targeted light and sound frequencies to deliberately change our genetic expression in a controlled fashion, we can also change our consciousness—and vice versa. We can change our consciousness and, in turn, alter genetic expression (more or less permanently). No longer can a human be conceived of as a powerless little Darwinian “meat computer” at the mercy of the random forces of “natural selection”.

Thank goodness for the “junk” that Nature didn’t throw away! ∞

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Brendan D. Murphy is the author of the critically acclaimed epic THE GRAND ILLUSION: A SYNTHESIS OF SCIENCE AND SPIRITUALITY, VOL. 1, and a contributing writer for several popular magazines and websites. If you like this article, then “like” “The Grand Illusion (TGI)” fan page on Facebook for more articles, information, book excerpts, and general developments. Hailed as a “masterpiece” by fellow leading-edge author Sol Luckman (POTENTIATE YOUR DNA), Volume 1 of TGI is now available for purchase at brendandmurphy.net.

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^{vi} Pinchbeck, D., *2012: The Return of Quetzalcoatl*, Jeremy P. Tarcher/Penguin, 2006, p. 174

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^x Grazyna Fosar and Franz Bludorf, from their book *Vernetzte Intelligenz*, quoted at <http://tinyurl.com/qf78vw>

^{xi} I have proven this beyond any rational doubt in *The Grand Illusion Vol. 1* (TGI 1).

^{xii} For in-depth discussion of torsion as it relates to psi phenomena, see TGI 1.

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^{xv} Luckman, *Conscious Healing*, op. cit., p. 52. See also M.D. Jones, *PSIence*, New Page Books, New Jersey, 2006, pp. 183-6

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^{xxi} Luckman, *Potentiate Your DNA*, op. cit., p. 92

^{xxii} Ibid.

^{xxiii} *A Conversation about the Future of Medicine*, www.dosseydossey.com/larry/QnA.html

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^{xxvi} See chapter 6 of my forthcoming book *The Grand Illusion: A Synthesis of Science and Spirituality*, vol. 1 (Balboa Press), for more detail on this.

^{xxvii} Luckman, *Conscious Healing*, op. cit., p. 122

^{xxviii} <http://www.phoenixgenetics.org/activations/elucidation>

^{xxix} See my article “Diary of a DNA Potentiator” in *New Dawn*, no. 133, July–August 2012, and an expanded, updated version at my website <http://www.brendandmurphy.com>.

^{xxx} Linsteadt, S., “Frequency Fields at the Cellular Level”, <http://tinyurl.com/82lsf5f>

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^{xxxiii} See A.E. Powell, *The Etheric Double*, The Book Tree, San Diego, CA, 2007, chapter 13 (first pub. in 1925)

^{xxxiv} Goswami, A., *Physics of the Soul*, Hampton Roads Publishing Co., Charlottesville, VA, 2001, p. 246

^{xxxv} See P.M.H. Atwater, *The Big Book of Near-Death Experiences*, Hampton Roads Publishing Co., Charlottesville, VA, 2007, pp. 36-7

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